

Debates, Myths & Controversies

Health issues, learning difficulties, behavioural problems, and autism spectrum disorders.

Welcome Back

Welcome! My name's Fran Sheffield and I'm your host for this last webinar of the Homeopathy for Children webinar series, in which we've been learning how homeopathy is used for the behavioural problems, learning difficulties and autism spectrum disorders of children.

As a final reminder, if you're completely new to homeopathy and would like an overview of the basics, My Homeopathy has a free webinar at its website called Introduction to Homeopathy. You'll find it at www.myhomeopathy.net.

In last webinar, Webinar Five - Combining Other Intervention, Yes or No, we looked at current therapies and approaches, their benefits and drawbacks, children's stories from the clinic, and a spotlight on two new remedies.

This webinar, Webinar Six, Debates, Myths and Controversies, we'll look at: are there different types of homeopathy? What about isopathy, CEASE, nosodes, sequential therapy, radionics, bio resonance? What are their strengths, weaknesses, and safety profiles? Detoxing with homeopathy, single versus combination remedies, treatment of vaccine injury, preventative homeopathy, children's stories from the clinic, and a spotlight on two new remedies.

A Warning

Before we start, I'd like to warn you that some of that some of the information I cover in it is a little complex, so you may like to review it more than once to get a good understanding.

Also, the information in the first part of this webinar, while useful for everyone, is especially relevant to parents of severely affected children.

As we move to the second half of the webinar, the information returns to being relevant for everyone.

Different Types of Homeopathy?

Different types of homeopathy: sequential homeopathy, aperture homeopathy, isopathy, CEASE, radionics, homeotoxicology, advanced homeopathy - so many names, and these are just some of them.

They all claim to be a type of homeopathy and, because they all use potentised remedies, they look as if they are homeopathy - but they're often not. Let's find out why.

Homeopathy's all about how are remedies applied, not how they're prepared. Put another way, it's not how a remedy is created that makes it homeopathic, but how it's used.

Before I explain the differences between homeopathic and quasi-homeopathic approaches and the implications they have for the treatment of your child, let's look at some key points, terms and definitions that will help us understand what follows.

Key Points

Our body, not medicines, creates healing. Medicines can only support or suppress what the body's already trying to do.

The body's symptom totality shows the way it is trying to heal the underlying events that are causing its surface problems.

Depending on how we prescribe medicines, they either temporarily oppose (suppress) symptoms, and in doing so work against the body's healing efforts, or they mimic and support those symptoms, helping the body to truly heal.

Mimicking symptoms (like treats like) is the homeopathic approach. Opposing or suppressing symptoms is the allopathic or conventional approach.

Terms and Definitions

Let's look at some terms and definitions, beginning with potentization.

Potentisation

Potentization is the process of making a remedy by repeated dilution and shaking of the source substance.

This process removes chemicals and the toxic effects of the substance while imprinting and enhancing the therapeutic information it contains onto the liquid carrier. That liquid may later be used to medicate a sugar pill.

Homeopathy

Homeopathy's a therapy is based on the principle of similarity, in which symptoms of a disease are treated or prevented by something that causes similar symptoms.

This practice is also referred to as 'like treats like' or 'like prevents like'.

Simple examples are when using coffee to treat types of insomnia or using onion to relieve streaming eyes and nose in some cases of hay fever.

Both of these substances, especially when prepared as homeopathic remedies, treat symptoms that are similar to those they cause.

With homeopathy, the treating substance can be used in either crude material doses or as a potentised remedy. Once potentised, it has a stronger effect and no toxicity.

An important thing to remember is that homeopathic remedies are not prescribed according to the name of the disease, but according to the unique symptoms of each sufferer.

As individualizing symptoms will be different from person to person, even though they have the same disease, they may each get a different remedy.

I won't go any further into information on homeopathy and how it's used for the moment, but if you'd like more, it's available in the free Introduction to Homeopathy webinar I mentioned earlier.

Classical Homeopathy

The term 'classical homeopathy' was coined as a way to identify practitioners and practices that were truly homeopathic, but unfortunately this only reinforced the impression in the community that there were different types of homeopathy and that classical was just one of them.

In recent times, the term 'classical' has increased confusion by meaning different things to different people.

Put ten 'classical' homeopaths in the same room and they're all likely to each be using a different approach.

For example, some will be using dry doses, some will be using liquids and some will prescribe single doses and wait for long periods while some will dose rapidly.

These different approaches reflect different stages in the development of homeopathy.

It's a situation that exists because some students were only taught earlier approaches and then carried them into practice unaware or untrained about later developments.

While they still work, advances developed by the founder near the end of his life work even better.

Aggravations

An aggravation is when symptoms increase or the patient feels worse after a dose of a potentised remedy.

Aggravations are not healthy detoxing or corrective affects. Dosing with the remedy should be stopped during an aggravation to reduce stress upon the body.

As discussed in our fourth webinar, aggravations may be similar, dissimilar, or consist of returning or accessory systems.

To the practitioner who knows how to interpret these responses, each reveal how the remedy is acting and what should be done next.

Complexes (Combination Remedies)

A complex or a combination remedy is a mixture of potentised remedies for particular health problems.

Because it's not possible to include all potential remedies in the bottle, manufacturers mix ones they think will help the most, and about 80% of the time they do.

Complexes are not suitable for long-term or chronic treatment because, sooner or later, the superfluous remedies in the bottle will cause an aggravation.

However, complexes can be a helpful over-the-counter option for simple short-lived acute complaints for those who don't yet have the skill or the time to match the symptoms to a single remedy.

If the appropriate remedy is in the bottle, improvement should be seen by two or three doses. Otherwise, the complex should be stopped.

Miasms

A miasma is a weakness or predisposition that's passed down the family genes following a poorly-treated or suppressed infection.

Those with this weakness or predisposition are prone to developing certain symptom patterns and health problems as a result.

During these webinars, we've already looked at two symptom patterns introduced by the diseases of gonorrhoea and tuberculosis.

People with these patterns may never have had the actual infections, they've merely acquired the associated weakness through genetic inheritance.

Nosodes

A nosode is a homeopathic remedy prepared from diseased tissue or a disease discharge.

Nosodes can be used as a treatment remedy for their own well-established symptom patterns according to like-treats-like, constitutional treatment, or as key remedies in the prevention of epidemic or contagious disease - though they're not the only ones that can be used for that.

We've already had a quick look at two nosodes and their symptom patterns during these webinars: Tuberculinum, prepared from tubercular discharge and Medorrhinum, prepared from gonorrhoea discharge.

Isopathy

Isopathy is the practice of treating with a potentised substance such as a drug, toxin or bacteria in an attempt to treat or reverse symptoms caused by that substance. The potentised remedies are generally called isodes.

Isopathy is based on the principle of sameness, rather than similarity (a subtle but very important difference).

Two examples are: using potentised chicken pox in the treatment of someone who has never been truly well since having chicken pox, and using potentised mercury to help someone eliminate mercury from their body.

Isopathy ignores the constitutional symptoms of the sufferer and treats them according to what caused the problem. In doing this, each sufferer receives the same treatment regardless of their unique symptoms.

It's estimated that isopathy helps about 30% of patients, but it's not able to treat the underlying weakness or susceptibility that allowed them to be affected when others who had the same exposure, weren't.

The isopathic approach is helpful as an emergency response during poisoning, but should then be followed up as quickly as possible with individualized treatment.

Tautopathy

Tautopathy is a specific branch of isopathy in which a potentised medicine is used in an attempt to treat or reverse symptoms caused by that medicine.

As with isopathy, tautopathy ignores the individual constitutions and symptoms of the sufferer and treats according to what caused the problem.

In doing this, each sufferer receives the same treatment regardless of their unique symptoms. It only helps a percentage of those affected and fails to treat their individual susceptibility.

Sarcodes

Sarcodes are remedies prepared from healthy tissue and glandular extracts. It's proposed they stimulate the normal functioning of tissues and glands.

Sarcodes are not prescribed according to the patient's unique symptoms, but as an attempt to support the health and function of organs, tissues and glands.

Homotoxicology

Homotoxicology proposes that the body fights disease caused by the presence of toxins in six different stages.

Depending on which stage has been reached, formulations and combinations of potentised remedies are used to stimulate the body to excrete the toxins.

As with isopathy and tautopathy, homotoxicology ignores unique and individualizing symptoms of the sufferer and fails to treat individual susceptibility.

Bioresonance Therapy

Bioresonance therapy uses instruments or machines to detect electromagnetic frequencies emitted by the patient during ill health.

These frequencies are then inverted and returned to the patient in an effort to cancel out an underlying disease or pathogen and stimulate the body back to health.

The machines also prepare potentised remedies of the same frequencies for ongoing treatment and create a list of other treatments that may be suitable.

Patients report some results from this approach but, because these remedies have not been tested to see if their effects are isopathic, homeopathic, allopathic or something else, it's hard to know how reliable or effective they are for deep healing.

Points to consider with this approach are: frequencies emitted by the practitioner can interfere with and influence those recorded from the patient, and the information received by the machine still has to be interpreted correctly by the practitioner if the underlying cause (rather than the superficial frequencies) is to be treated.

It's also acknowledged that the subtle frequencies of the prepared remedies do not have the life of a traditionally prepared homeopathic remedy which, according to current knowledge, appears to be indefinite.

It's advised that bioresonance remedies should not be relied on for more than six months.

Radionic Therapy

Radionics is a therapy which share similarities with bioresonance therapy. The practitioner uses radionic instruments in an attempt to detect and diagnose energy imbalances in the subtle vibrations or radiations emanating from the body.

The same process is used to diagnose and sometimes transmit healthful treatments from a broad range of therapies, including homeopathy, flower remedies and gem essences.

Single vs Combination Treatment

Let's look at single remedies compared to combination treatment.

As I mentioned earlier, complexes are a mixture of potentised remedies for particular health problems. If they haven't helped at all by three doses stop dosing, as the needed remedy isn't in the bottle.

They're only suitable for home treatment of simple acute problems and they should not be used in the long-term treatment of chronic complaints, as superfluous remedies in the mix will eventually cause an aggravation.

Single remedy prescribing and dosing that matches the symptom profile and sensitivity of the patient is the only trouble-free way to treat chronic complaints.

It means the remedy responses discussed in our fourth webinar can be clearly interpreted and ultimately results in simpler and faster treatment.

'Detoxing' with Homeopathy

Now let's have a look at so-called detoxing with homeopathy and what some people are doing.

Except for when there's a prolonged exposure or poisoning, toxins and heavy metals accumulate in the body when it's not strong enough or healthy enough to get rid of them by itself in the normal elimination pathways of respiration, sweat, hair, nails, urine and faeces.

Toxins and metals prescribed as isodes - that is, potentised mercury for mercury or potentised arsenic for arsenic and so on - can force the body to detox or chelate, but this isn't necessarily the best or safest approach.

It's not always successful and unpleasant aggravations can occur. If the body isn't able to cope with what is, in effect, a forced discharge of toxins, it may be further harmed.

In addition, if elimination pathways are still not functioning correctly at the end of the detox, heavy metals and toxins will just re-accumulate.

When children are being treated by this process, the concern is that if unpleasant symptoms are being experienced, they may not be able to communicate that and they're not in a position to stop their own treatment if it's making them unwell.

The better option is to help the body deeply heal so that it's in a position to safely clear its own toxins at a pace of its own choosing and when there's no risk of further injury. T

his can be done homeopathically by prescribing remedies that match the patient's complete symptom profile and so support the way their body's choosing to heal, rather than giving a remedy that only matches the name of the heavy metal or some other toxin.

Approaches Using Potentised Remedies

A number of approaches use potentised remedies as part of their treatment so let's look at some of the better-known ones, the first being sequential therapy.

Sequential Therapy

Sequential therapy develops a timeline of emotional and physical shocks experienced by the child or the adult.

It then attempts to treat each one with potentised remedies, generally in the reverse order of their occurrence. For example, the shock of grief is treated by a mixture of common grief remedies.

In doing this, sequential therapy tries to remove the layers of ill health introduced to the body by things such as the antibiotic, vaccines, grief, shock and injuries. When the final layers removed, then the miasmatic stage is treated.

Treatment involves several remedies and combinations of remedies prescribed simultaneously over one or more years to either treat the shocks or detox vaccines and heavy metals.

Sequential therapy's remedies are drawn from common homeopathics, plus potentised isodes, nosodes and sometimes sarcodes.

Sequential therapy is mostly a this-for-that approach that prescribes for a timeline rather than the patient's current and presenting symptoms. If only the perceived causes are treated, the patient's susceptibility remains.

CEASE Therapy

Another common therapy is CEASE. CEASE is an acronym for Complete Elimination of Autistic Spectrum Expression.

It proposes that the roots of autism are found in toxic factors before conception, toxic factors during pregnancy, or stress and toxic factors in the child after birth, and that the removal of energetic imprints left by these factors removes the autism.

It attempts to do this by a number of approaches such as isopathic remedies, biomedical interventions, nosodes, sarcodes and sometimes homeopathy.

Treatment involves several remedies and combinations of remedies prescribed simultaneously over one or more years to help the body detox from vaccines, heavy metals, toxic exposures and other life stressors.

CEASE uses a range of potentised isodes, nosodes and sometimes sarcodes.

It's mostly a this-for-that approach that prescribes for identified or suspected exposures rather than the patient's current and presenting symptoms.

If only the perceived causes are treated, the patient's susceptibility still remains.

Sequential Therapy and CEASE - What's the Difference?

What's the difference between sequential therapy and CEASE?

Sequential therapy, CEASE and other similar but less well-known approaches overlap quite a lot.

The main point of difference between sequential therapy and CEASE is that sequential therapy places a greater emphasis on emotional shock and CEASE focuses on toxic exposure.

Homeopathy

While all the approaches I've mentioned so far use potentised remedies, they don't necessarily prescribe them according to homeopathic principles. Just to remind ourselves, let's do a quick recap on what those principles are.

Homeopathy is all about how remedies are applied, not how they're prepared. Potentization does not make a remedy homeopathic. It's just the cherry on the cake that makes any remedy safe, whether it's homeopathic or not.

Homeopathy's based on the principle to similarity, in which the symptoms of a disease are treated or prevented by something that causes similar symptoms. This practice is also referred to as "like treats like" or "like prevents like".

Homeopathy supports that healing process by working with, rather than against, what the body's trying to do. It chooses remedies that mimic the symptoms produced.

Homeopathy and Quasi-Homeopathy Approaches - What's the Difference?

How does homeopathy compare to other approaches?

Homeopathy doesn't prescribe according to the name of the disease, metal or toxin, but according to the unique symptom profile of the sufferer.

It supports how that person's body is trying to correct the underlying disturbance, which is the cause of its problems. It doesn't force the body to do something it's not ready or healthy enough to do.

To maintain clarity of treatment, homeopathy uses one remedy at a time so that the patient's responses to the remedy are easily interpreted.

It doesn't confuse treatment or responses with combinations of remedies or remedies in sequences.

Nothing New...

The saying "there's nothing new under the sun" is certain true of potentised remedies.

Isodes, nosodes and sarcodes are not new, they've been with us since the earliest days of homeopathy.

Over the past 200 years, if these remedies have been through a thorough homeopathic proving trial and their symptoms match what they were prescribe homeopathically for, then they worked reliably and well.

If there'd been no proving, meaning their symptom match was unknown, they were sometimes prescribed on the basis of there being some sort of loose association with the symptoms to be treated.

Repeated experience through history showed that isode, nosode and sarcode prescribing was less reliable than the symptom similarity approach of standard homeopathy, and they only seem to help about 30% of patients.

It was also accepted among homeopaths that when an isode did help it wasn't because of any special merit the remedy itself had but only because it was truly homeopathic for that particular patient - it was a remedy they needed for their symptoms.

The same is true for isode, sarcodes and nosodes prescribing of today's sequential therapy, CEASE and other similar approaches.

Only a percentage of patients are helped through 'homeopathy by chance'.

What was speculated in the past is now being confirmed with recent clinical proving's of some isodes, sarcodes and nosodes. They do produce symptom similar to those we see in some of our troubled children today, and so therefore their effect can be homeopathic.

With further research, hopefully all nosodes, sarcodes and isodes will one day be reliably prescribed according to their true homeopathic indications.

Until then, does this mean that some of today's 'fingers crossed' potentised remedy prescribing shouldn't be done? Not necessarily.

In my opinion, and with some important cautions, a 30% chance is still better than nothing if standard homeopathy isn't possible.

I'll discuss some of those cautions in a moment. In the meantime, the important thing to know is that the correct homeopathic remedy is still the preferred option, as it brings faster and more reliable treatment.

If the prescribed remedy is correct, some sort of improvement should be seen by three doses if not earlier.

When to be concerned...

If your child's being treated by one of these approaches that uses potentised remedies, when should you be concerned?

Polypharmacy

Polypharmacy is once instance.

Polypharmacy is the prescription of multiple medicines at the same time, often to an extensive or an unnecessary degree.

Polypharmacy is practiced in several approaches used to treat children and their problems.

Multiple remedies are prescribed in combinations or series with no precise principle or rationale to guide treatment.

It's hoped that out of the remedies prescribed, one of them or some may help.

When improvements or aggravations take place it's impossible to be sure which remedy was responsible.

When there's an aggravation, the only course of action (apart from stopping or reducing the treatment) is to continue in spite of the discomfort to the child.

Aggravations

Aggravations are another cause for concern.

Prolonged aggravations on detoxing aren't healing events to be celebrated, and they're not benign. An aggravation indicates the child isn't coping with the treatment and their body is under stress.

If an aggravation is taking place, the treatment should be stopped immediately and the prescription reassessed for suitability. Once again, our fourth webinar gives information on this.

When an aggravation arises from isodes used to detox heavy metals, there's also a real risk of further injury - not from the remedy but from the metals being loosened and eliminated.

Some of the risks involved with chelation by chemical compounds include kidney, liver and neurological damage. There's no reason to think that these risks will be any different with potentised isodes if the body's still not strong enough or healthy enough to safely remove the heavy metals itself.

Slow Progress

Slow progress is another cause for concern.

Less is more when treating with potentised remedies.

Single remedy prescribing supports the body's own healing efforts and produces clearer results so the responses can be easily interpreted.

Combinations of treatments make it difficult to interpret responses and to know what remedy has caused the response. This slows down treatment and progress.

Finding a Capable Homeopath

In the middle of all of this, how do you find a capable homeopath? By checking the following four areas.

1. Has your potential practitioner graduated from a college recognized by your National Homeopathic Association?
2. Are they registered with an association that has a code of ethics and an acceptable and reputable standard for their practitioners?
3. Do the healthcare groups that rebate on homeopathic services in your country rebate on your potential practitioner's services? Healthcare groups usually only list reputable practitioners.
4. How closely do the practices of your potential homeopath align with the checklist in webinar two?

Treatment of Vaccine Injury

Let's look at the treatment of vaccine injury.

Health problems caused by vaccines may be either short-lived acute problems or long-lasting chronic problems.

Vaccine injury in a baby, child, adult or animal can be treated with homeopathy by one or a combination of the following approaches;

1. Potentised vaccines,
2. Nosodes, and
3. Constitutional homeopathic treatment.

Isopathy

With isopathic treatment or the use of potentised vaccines, a person may be redosed by a potentised form of the vaccine that's suspected of causing their health problem.

Because there's no trace of the original vaccine in the isode, it's safe to use.

Nosodes

Vaccine injury can also be treated by nosodes.

Sometimes viral components from live virus vaccines such as the MMR, chicken pox, or the typhoid vaccines appear to remain in the system, causing ongoing chronic health problems.

These may be corrected by giving a homeopathic remedy of that virus called a nosode.

Again, because these nosodes have been prepared homeopathically, they're free of infective material and safe to use. In some cases, they may stimulate the body to deal with the problems introduced by that virus or bacteria.

Constitutional Homeopathic Treatment

The third way is by constitutional homeopathic treatment.

The true and full homeopathic approach based on like-treats-like prescribes the potentised remedy that closely matches the complete symptom profile of the person affected, not just the symptoms linked to the vaccine.

Constitutional treatment is the preferred course of action, as it's capable of not only correcting the symptoms introduced by the vaccine, but also the pre-existing weakness and susceptibility that allowed the harm to occur.

With the correct remedy, the person's overall health improves, not just the symptoms related to the vaccine injury.

Detailed information about these three different types of treatments is available on the Homeopathic Treatment of Vaccine Injury Webinar on the My Homeopathy website.

Preventative Homeopathy

Let's take a look at preventative homeopathy.

The similia principle (Like-treats-like and like-prevents-like) allows us to not only treat but also prevent disease as well.

Preventative homeopathy is known as homeopathic immunisation or homeoprophylaxis.

Prevention remedies are called homeoprophylactics or shortened to just prophylactics.

Vaccination is an example of homeopathy (but done poorly), as the vaccines also use viruses and bacteria to prevent the very diseases they cause.

While vaccines work by the like-prevents-like concept, the way they're prepared and administered carries risks.

1. They are manufactured with other substances, some of which are toxic, to stabilise, preserve and enhance the effect of the vaccine.
2. Most are injected directly into the body, bypassing the early warning system of the mucus membranes. The immune system is caught off guard and struggles to catch up.
3. Vaccines are a recipe of chemicals that have direct and potentially harmful biochemical effects.

In contrast, homeoprophylactics are prepared without additives and by a potentiation process that removes all trace of the original substance. They're also given by normal exposure routes rather than through injection.

Homeoprophylactics are drawn from two sources, the first being nosodes, or remedies that are prepared from infectious or diseased material.

The second is from general treatment remedies, where the remedy symptom profile matches that of the infectious disease. These remedies may be prepared from plant, animal or mineral sources.

The best homeopathic treatment remedy for an epidemic, whether a nosode or a general remedy, is also the best prophylactic for that epidemic.

Prophylactic remedies have been used for common childhood diseases such as whooping cough, measles, mumps and chicken pox, as well as more serious diseases such as malaria, dengue fever and meningococcal disease.

The remedies are suitable for babies, infants, children, adults, travellers, animals and even during pregnancy and ill health.

In a growing body of work, prophylactics for plant diseases and pests are also being identified.

References on current and historical use of homeoprophylaxis are available at the Homeopathy Plus website in the homeopathic immunization section.

Remedy 11: Sepia Officinale (Sep.)

It's now time to move on to our two remedies for this webinar, Sepia and Belladonna. First, let's look at Sepia.

The homeopathic remedy Sepia is prepared from the ink of the cuttlefish.

Mental-Emotional Features of Sepia

The children seem withdrawn, depressed and unaffectionate.

They don't show a lot of affection and become irritable if they're pressed to do so.

They're annoyed by company and prefer to be alone.

Tiredness and other symptoms worsen mid to late afternoon.

They cry easily, but some children who need Sepia also appear alert, capable, confident and mature for their age. They're responsible with household duties and organize younger siblings, and the term that's often used for them is 'three years old going on 30'.

They're happy to help around the home and clean and they're usually better for the exertion. Some become lively with exercise and exertion or for others that can exhaust them.

They tend to be fidgety and there may be jerking of muscles.

They love being by the sea and feel a lot better for it. They're excited and elated by thunderstorms but also fear them. Some are frightened of ghosts and poverty.

Physical Symptoms of Sepia

The physical symptoms of Sepia include psoriasis, ringworm and vertigo, vitiligo or de-pigmented patches of skin.

They're prone to cold sores or fever blisters on and around the lips, and the lips can crack either in the corners or in the middle of the bottom one.

They have dry skin and usually cold hands. There's dryness and cracking of the skin on the back of the hands during winter.

Coughs worsen at night and when lying down and physical symptoms and problems are usually worse on the left side of the body.

They crave vinegar or sour things, sweets and chocolate but they may dislike fat and salt.

What to Expect from Treatment with Sepia?

If your child needs Sepia and that's a remedy they're given, what can you expect to see?

Firstly, tiredness and apathy will improve, and children will develop good energy but no longer appear dull or depressed, and they'll become more affectionate and caring.

They'll become less sensitive and they won't cry as easily.

Rather than being withdrawn or wanting to be alone, they'll start to become interested in family activities and join in.

Their skin will soften and it'll no longer be dry.

The frequency of cold sores and cracked lips will reduce and then disappear completely.

Stories from the Clinic

Let's illustrate Sepia with a case from the clinic.

Case 15: "He had a history of eczema on the back of his hands and knuckles during winter. It would become so bad it would crack and bleed."

This is a case of 7-year-old boy, and his mom brought him in because he was being very irritable and just out of sorts. She couldn't sort out what was wrong with him.

In asking her questions, I found out that he wasn't very affectionate. He disliked affection and he hated being cuddled or touched, and even if he was upset he didn't want other people to comfort him or cuddle him; it would make him angry.

That may remind you a little of one of other remedies we looked at earlier - Natrum muriaticum. In fact, he really needed Sepia because the following symptoms painted a Sepia picture.

She said he was quite responsible with his little brother. He'd organize him and look after him like a little adult.

By the same token he was also tired and lacked energy. He frequently needed sleep when he came home from school in the afternoon unless there was a football game on.

If he went out for football training or a football match, he came back quite energized, delighted and happy.

He had one unusual symptom of if people laughed with him, he'd become upset because he thought that they were laughing at him. That sounds like another remedy we looked at in the past but no, this time this boy needed Sepia.

His mom said he'd frequently cry for no reason. Again, if people tried to make him feel better, he'd hate it.

He had a history of eczema on the back of his hands and knuckles during winter. It would become so bad it would crack and bleed.

There were splotches of pigmentation on his tummy and he loved salt and vinegar chips.

On that basis, we gave this little boy Sepia, and over the coming months all of those symptoms settled down.

He still loved salt and chips, but what happened was he started to respond a little bit more to the family.

When they showed concern about him or when he was upset and they spoke to him about it or tried to comfort him, he coped with it so much better and actually started to accept the comfort.

He was still responsible around the home, but he lost some of the tiredness and some of the apathy he was experiencing.

He still loved his football. He still loved going out and playing and becoming quite energized.

As I said, he still loved the salt and vinegar chips, but he was no longer irritable and he was getting along with his family so much better and without that tiredness and apathy or irritability.

Now, in this webinar I've mentioned that if the remedy's right you should be seeing an improvement by two or three doses. How far apart will those doses be?

Well, that's another part of homeopathic treatment; the frequency of the dose has to be matched to the sensitivity of the person who needs it.

On average, say a little boy like this and with the remedy and the potency I gave him, he was having a dose twice a week.

So, by one and a half weeks there should be some sort of change happening for us to know, and for you and for the practitioner to know, that the remedy's right for this little boy.

If you're not seeing a change within that timeframe, that's the wrong remedy.

Remedy 12: Belladonna (Bell.)

The second remedy we want to look at is Belladonna, made from the atropa Belladonna plant. The foliage and berries from it are toxic and cause hallucinations and delirium when they're eaten raw. The homeopathic remedy is actually prepared from the whole of the fresh plant, and these are some of the mental emotional symptoms it treats.

Mental-Emotional Features of Belladonna

They are pleasant and happy children who have intense or extreme fits of anger, and they're usually robust, strong, and energetic.

They're quite highly coloured in the face.

They have vivid imaginations and esteem emotions and one of their fears is a fear of dogs, especially black dogs.

These children are prone to irritability that can turn into sudden rage. They'll hit people, pull their hair, bite, kick and spit. There can be an increased strength with the rages.

They have violent impulses and it can become as bad as developing into mania or psychosis. In those states, they'll try to run away and hide.

They easily go into delirium or hallucinations with fever.

Physical Symptoms of Belladonna

With their physical symptoms, it's a key remedy for many acute and intense childhood complaints.

Symptoms such as fever or pain are intense and they come on rapidly.

The fever's dry. They have a hot head and cold hands and feet with the fever. It's quite a distinctive symptom so if your child has a fever, feel their hands and feet, and if they're cold just give them Belladonna.

Belladonna children are hypersensitive, especially with acute complaints such as colds, headaches, fevers and earaches. They're sensitive to light, noise, being bumped or jarred.

There's intense heat and redness of affected areas such as ears or skin with boils and so on.

Especially with a fever, there's a congestive appearance with glistening or glassy eyes when they're unwell. They want to sit propped up rather than lying flat.

There're dilated pupils, pulsating or intense pains and it can extend to twitches and convulsions. Symptoms are often worse on the right side or at 3:00 pm.

These children frequently crave lemons or lemonade.

What to Expect from Treatment with Belladonna?

If your child needs Belladonna and that's a remedy they're given, what can you expect to see?

They'll become happy, energetic and robust - but without the extremes of emotion.

They'll no longer go into rages when upset. They'll stop hitting, biting, spitting, pulling hair when angry.

Their sensitivity to things such as light and noise will reduce.

The pupils will no longer dilate and the flushed features settle.

The tendency to intense acute problems, such as tonsillitis, earaches, colic, headaches and fevers will settle. If there is an infection, it'll be milder and less intense.

They'll no longer crave lemons or lemonade.

Stories from the Clinic

Case 16: "She had a tendency to bite others, but only when she went into extreme rages."

Let's look at two clinic cases that illustrate this remedy. The first one's of a 4-year-old girl diagnosed with autism. Her mother brought her in for treatment because she'd heard that homeopathy was helping other children in her group.

She said her little girl would head bang.

She also had a tendency to bite others, but only when she went into extreme rages. It wasn't just the normal biting that some children could do, it was biting with anger and rage.

Her parents said she'd lose her temper easily, often for no reason at all or over minor things.

Other symptoms that were present: she had a fear of water, so she hated the bath and she hated going to the pool. She'd just become very angry and that would sometimes trigger a rage. She also had an excessive thirst, which is a bit of an unusual paradox.

She was frightened of the dark and there were frequent night terrors.

When she was good, she loved to sing and dance. She couldn't verbalize but she'd dance away and she'd hum and make noises to the music.

Now, you may be thinking that some of these symptoms weren't mentioned when I previously discussed Belladonna - and they weren't.

The reason for that is, as I explained in an earlier webinar, we can't cover every symptom that a remedy treats.

Some of the symptoms that this little girl had were Belladonna symptoms, but she also had some less common ones, so that's why I'm including them here just so you can see the diversity of presentation that can take place.

Some of the symptoms that were related to Belladonna were - her eyes were very sensitive to light and she could be sound sensitive at times as well.

In the physical complaints, she had a haemangioma, which is a swelling or tumour on the skin full of small, dilated blood vessels. She had a haemangioma on the right side of her face, which reflects the right sided nature of Belladonna symptoms.

She also suffered from eczema that was worse on the right side of the body and there was a lot of redness and heat coming from it too, which are two Belladonna symptoms. It's a very hot, red remedy.

Her parents described her behaviour as very Jekyll and Hyde. She could go into these sudden rages and tantrums and start attacking them. She'd come out of it very quickly and then she was just gorgeous - she was lovely. It can switch that quickly with a child in a Belladonna state.

We gave this little girl Belladonna and over a period of about six months those tantrums settled down. In actual fact, they died down quite rapidly within the first few weeks of treatment, and then it stabilized and there was a gradual improvement from there on.

She still has autism. She's still undergoing treatment, but she's certainly far more advanced than she was, and she's not affecting the family and herself with those rages that she was going into.

Case 17: "When he had a headache the veins in his temples would stand out and you could see them throbbing."

The second Belladonna case I'd like to tell you about is of a 7-year-old boy.

Now, this boy didn't have autism, but he had significant behavioural problems that were threatening his schooling. When his mom brought him to me, she was at a point of desperation because he'd just been suspended and he was facing complete expulsion from school.

He'd hit another boy. He'd split his lip and he'd even pushed him over a bag and onto the concrete.

This wasn't the first time this sort of a thing had happened at school, and the head master had called the mom in. He was only seven years of age but one more strike and he'd be out.

His mom said he'd been prone to outbursts of violence ever since he could walk. He'd frequently go into rages and he'd started to threaten that he was going to kill her - but this only happened while he was in the rages, and pass away very quickly and then there'd be a lot of remorse and he'd be very upset.

At his worst, in the middle of one of the rages, she said it was as if he developed superhuman strength and it could take several people to restrain him.

He always felt sorry once he'd settle down, as I've said, and he'd come and give her a hug.

Other problems were that he'd wake up in the middle of the night, and he was complaining of terrible headaches during the day, often starting it around 3:00 pm.

She said when he had a headache the veins in his temples would stand out and you could see them throbbing a little, which are quite strong Belladonna symptoms.

When he was given the remedy Belladonna, we saw a big improvement.

Over about a two, three weeks the rages began to settle to the point he'd still get angry and start to go in them but he could be restrained, he could be held back and he could be reasoned with. He was starting to be able to exercise control over them himself.

He ended up being able to continue at the school. He started to make friends with some of the children who had been quite frightened of him.

The headaches that he had been getting lessened, and over the next two, three months they gradually disappeared altogether.

That little boy needed about seven months of treatment. Again, in the very early part of the treatment there was rapid improvement, and then it slowed down a little bit, but there's still ongoing improvement from treatment to treatment.

He needed a couple of changes of remedies, but by the end of that seven months, that little boy was in a very different position.

Conclusion: Review of Webinar 6 and Preview of Webinar 7 (Questions and Answers)

That brings us to the end of Webinar Six and the end of this series.

In this webinar we've looked at: are there really different types of homeopathy? Isopathy, CEASE, nosodes, sequential therapy, radionics and bio resonance: their strengths, weaknesses and safety profiles. Detoxing with homeopathy, single versus combination remedies, treatment of vaccine damage and preventative homeopathy. We've had some children stories from the clinic and a spotlight on two new remedies.

While we are at the end of the series, we will be having a bonus webinar in which we answer the questions you've sent in to us during the course.

Submit your questions, and remember - you also have free introductory access to the My Homeopathy Forum in which to meet and speak with experienced homeopaths and other parents on the same journey you're making.

Until next time, thanks for joining me today, and I hope you've enjoyed the presentations. Bye for now.